



Timeline for KwanzaaFest Walk/Run Events

6:30am to 8:30am -- Packet Pick-Up Only: Automobile Building - Fair Park

(No individual or team registration will be permitted on Saturday, December 12, 2009)

Aerobic warm-up and stretching exercises with fitness expert	8:25 a.m.
Pre-event Ceremonies	8:50 a.m.
1 Mile Kid's Run	9:00 a.m.
5K Walk and Run	9:30 a.m.
Post Race Party	10:45 a.m.
Team challenge winners announced	10:30 a.m.
Individual winners announced	10:30 a.m.
Pictures of race participants available (The company will also be distributing door prizes during the event)	10:30 a.m.
Distribution of Individual and Team Prizes Kids participating in the 1 Mile Kid's Run will receive their ribbon as they cross the finish line. 5K awards/prizes and team prizes will be given at 11:00am. (A few people will be needed to help distribute prizes to the individual winners and teams.)	11:00 a.m.
HealthFest	10:00 a.m.